



Italy



Associazione Culturale Il filo d'Arianna  
Via Puglie 4  
40050 Monteveglio  
Tel.: +39 051 6701240  
Web: [www.filodarianna.net](http://www.filodarianna.net)  
eMail: [info@filodarianna.net](mailto:info@filodarianna.net)



Spain



Progestia Promoción Educativa Social S.L.  
PZA. De la Libertad 5, 2º  
47002 Valladolid  
Tel.: +34 983 208030  
Web: [www.progestia.com](http://www.progestia.com)  
eMail: [proyectos@progestia.com](mailto:proyectos@progestia.com)



Estonia



Vanurite Eneseabi ja Noustamisühing (VENY)  
Jaan Poska 15  
10126 Tallinn  
Tel.: +372 601 3563  
Web: [www.hot.ee/veny](http://www.hot.ee/veny)  
eMail: [veny@hot.ee](mailto:veny@hot.ee)  
eMail: [heino.hankewitz@gmx.de](mailto:heino.hankewitz@gmx.de)



Elternverein  
Baden-Württemberg e.V.

Chairperson  
Dr. rer. nat. Renate Heinisch  
Elternverein Baden-Württemberg e.V.

Kurpfalzstr. 37  
97944 Boxberg  
Germany

Tel.: +497930-8851  
Fax: +497930-8852  
Web: [www.elternverein-bw.de](http://www.elternverein-bw.de)  
eMail: [info@renate-heinisch.de](mailto:info@renate-heinisch.de)  
eMail: [info@elternverein-bw.de](mailto:info@elternverein-bw.de)



This project has been funded with support from the European Commission.  
This flyer reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein. (*Lifelong Learning Programme Grundtvig Learning partnership*)



Elternverein  
Baden-Württemberg e.V.

Grundtvig Learning Partnership



## TRANSAGE

Transition from working life to  
volunteering



Duration of Project:  
August 2009 - July 2011



## About TRANSAGE

TRANSAGE addresses the risks, problems and opportunities arising from the transition from active working life to retirement. Elderly people look for ways to make use again of their rich experiences and gain appreciation. Many senior citizens recognise social engagement as a way to find new meaning in life.

TRANSAGE is based on the active ageing approach. Within this approach the project partners will develop the following concepts

- to analyse the professional life that people left behind
- to value the significance of previous work, to reflect about the changes in normal life through retirement
- to undertake a journey through the professional and personal biography
- to highlight skills and talents, to elaborate phases in transition to retirement and reflect on challenges, dreams, perspectives for the future

The future search will focus on activation through social engagement.

## Aims and objectives

TRANSAGE aims at

- activating elderly people in the concept of active ageing
- supporting voluntary engagement as activity for senior citizens
- contributing to teaching and learning in later life

- supplying senior citizens with the transition skills
- facilitating networking among stakeholders in the field
- gaining a better understanding of the situation of the elderly in transition and of supporting structures in European countries
- learning about actual voluntary engagement of senior citizens in Europe
- drawing conclusions from the analysis of the situation in the participating countries

## Target groups

The direct target groups of the LP Transage are:

- ❶ voluntary organisations
- ❷ associations representing the interests of senior citizens
- ❸ adult education institutions offering learning for elderly people
- ❹ others interested in the lives of people in transition to retirement and
- ❺ people in transition to retirement themselves who are also beneficiaries

## Activities

During the TRANSAGE project the partners and learners will meet for three-day workshops in Montevoglio (IT), Valladolid (ES), Tallinn (EE) and Boxberg (DE). The meetings will aim at the exchange of experiences in active ageing in the different European countries, the identification of good practice and the planning of international volunteering projects with senior citizens. Between the transnational meetings all partners together with learners will prepare the country reports and examples of good practice. Finally the partners

develop a recommendation paper. The objective of the recommendation paper is to inform all stakeholders that may be involved in transition into retirement (adult education institutions, voluntary organisations, senior citizens organisations, administration etc.) on how the transition phase can be supported. This paper will be discussed with all relevant stakeholders.

Concepts for new learning activities for senior learners will be developed on the basis of the recommendation paper and good practice examples. The partners will make use of the results of the learning partnership by offering trainings on voluntary work during retirement.

## Results

- Project website: [www.transage.eu](http://www.transage.eu)
- Project flyers
- Country reports about the situation of elderly people in transition to retirement in IT, ES, EE, DE
- Documentation of good practice examples
- Recommendation paper about successful transitions into retirement
- Evaluation report
- Plan for transnational senior volunteering projects
- Submission of applications of Grundtvig transnational senior volunteering projects

Website, flyers and reports will be available in the national languages of each project partner and in English. All other results will be available at least in English.